

OUR PARISH
 Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:
 "All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:
 All the Church - we will **WORSHIP** with an open heart.
 All the Gospel - we will celebrate the **WORD** with joy.
 All the People - we will care for the **WELFARE** of all.
 All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE
 "Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT
 MHOc Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**



THIS WEEK IN THE PARISH (8 Feb - 14 Feb 2025)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:
Fifth Sunday in Ordinary Time Psalter Wk 1, Yr C/1
 Sat: 5.35pm Rosary, 6:00pm **Mass**
 Sun: 8.30am & 10am **Mass**
 Mon: 8.30am **CS** Tue: 5.30pm **Mass**
 Wed: 8.30am **Mass** Thu: 8.30am **Mass**
Fri: 8.45am Morning Prayer of the Church, 9.00am Rosary, 9.30am **Mass** (SH School)
5pm - 6pm Evening Prayer & Adoration
The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Note Next date: 27 Feb.
Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date 22 Feb.

RECONCILIATION (Confession):
Saturdays 11am-12pm (or by appointment)
FATIMA DEVOTIONS: Next date: Sat 1 Mar 2025
 'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.


BAPTISMS: Baptism information please see our website or contact the parish office.
WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.
The BLESSED SACRAMENT CHAPEL is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.


Mary Help of Christians Parish

South Woden, PEARCE ACT


Parish Priest: Father Emil Milat
 Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908
 Office Manager: Melanie Kerr
 Office Hours: 9am – 3pm Tuesday - Friday;
 Parish email address: wodensouth@cg.org.au WEBSITE address: www.mhoc.org.au
 Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au
 For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/
Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner
 This Sunday we present the annual Planned Giving Report. Like most communities in these times of costs of living pressures income is down & expenses up. I did my best to help curb expenses by doing extra gardening, I replaced light bulbs in the Church (with a parishioner), cleaned gutters, did painting & paid for my clergy retreat & a few other items I could have gotten covered by the parish etc. I have also joined the Direct Debit Planned giving program - as I see myself as a part of this community not just its pastor. Please consider joining our Planned Giving Program, especially via Direct Debit as this helps us when people travel. *God's blessing Fr Emil* p.s. a big thank you to the Finance Committee for all their help in the preparing of the financial documentation.




Intercessory Prayer Meeting on Zoom for Fr Rob Galea Outreach.
 Fr Rob known for his singing (he appeared on the X-factor Australia) is touring 25-28 Feb to 4 Colleges; ST JP II, Merici, Marist Canberra & Carroll College.
 He will be speaking to thousands of students. Fr Emil is coordinating a space for those interested to pray for Fr Rob's events. Fr Emil as the Vocations Director is holding an intercession night with the Angelus Assoc for its success in the Holy Spirit. All welcome to join **Thu 12 Feb, 7.30pm**. Zoom- ID 6486731697 passcode 304831 or email him for the link emil.milat@cg.org.au.




- Coming up in the Parish:**
- Tuesday 11 February**
 - ◆ World Day of Prayer for the sick
 - Wednesday 12 February**
 - ◆ School of Religion begins 4pm - Hall/Church
 - ◆ Reco & FHC Parent Info. Night 6.30pm - Church
 - Thursday 13 February**
 - ◆ Friendship Group returns - Hall 10-12pm
 - Saturday 15 & Sunday 16 February**
 - ◆ Presentations Masses for Reco & FHC Candidates
 - Sunday 16 February**
 - ◆ Children's Liturgy during the 10am Mass.

Altar Care Roster
 We are looking for a volunteer to join this important ministry to maintain the altar & flower arrangements/plants inside the church. Instructions & a demonstration lesson provided. The current roster cycle is every seven weeks, with flexible working hours available! *Please contact Cathy Donohoe on 0431 181 890 for more information.*




Our Parish Welcomes
 Clara Ramos through the sacrament of baptism this weekend. May she be richly blessed with God's presence & feel the support of our Parish & her family.




Part-time permanent Parish Secretary –North Woden
 Mon 9 - 3.30pm, Wed 9 - 4.30pm & Fri 9 - 3.30pm.
 Details: Parish Office: woden.north@cg.org.au
 All positions subject to Clerks Award.

International Women's Day Breakfast
7:30 - 9.00am - 13 March 2025 Please join us in celebration of International Women's Day!
 Venue: Ainslie Football Club, 52 Wakefield Ave.
 Cost: \$40 per head
 Keynote address by Dr. Trudy Dantis, a distinguished leader in Catholic research & pastoral studies. Dr. Dantis, Director of the National Centre for Pastoral Research. **Tickets:**
<https://events.humanitix.com/copy-of-international-women-s-day-breakfast-2025>

Please remember all of our faithful departed:
Anniversaries: Ivan Ivkovic, Ada Falez, Peter Tsirekas, Michelle Cook, Tina Colagiuri, Frank Ieroianni, Tasman Cedric Bottrell & Fr Laurie Blake. *We also pray for Manuel Barriera. May they all rest in peace.*



Screening of the Movie The Warning:
 at Palace Electric Cinema Mon 24 Feb 6:30pm, 2 Phillip Law St Canberra. A movie about the world-wide illumination of conscience according to prophecies of Catholic saints & mystics. To book a ticket just google fan-force.com/screenings/ & search by country, then ACT. For more into. contact Fr Emil emil.milat@cg.org.au, who has some discount tickets.



ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 15/16 February 2025
 Sixth Sunday in Ordinary Time, Year C/1

Commentators and Lectors
 6.00pm S Peake & M Blackmore
 8.30am R Langford & M Mugliston
 10am A Kaushal & M Fisher


Extra-ordinary Ministers of the Eucharist
 6.00pm J Grima
 8.30am D Perera
 10am J Isidro

Acolytes:
 6.00pm M Fitzsimons
 8.30am G Joseph
 10.00am M McAppion


Music Ministry:
 6pm Volunteer please
 8.30am S Fatiaki
 10.00am C Walshe & C Patron

Altar Servers: Trained servers please volunteer at Mass
Church Linen (February): S de Silva
Welcome Ministry:
 6.00pm E Neal
 8.30am N Hately
 10.00am F Pelosi
 Altar Care (Feb 10): V Bray

School of Religion Enrolments are open for Term 1, 2025 (Yrs 1-6) for children attending Non-Catholic Schools. This year we welcome back our Catechists: *Gabriel Joseph, Chris Rule & Colleen Nash. A big thank you to you all!* Enrolments are open & the first session will be Wed 12 Feb from 4-5pm in the Hall & Church. Please see our website for more program information & for details on how to enrol via Qkr!
<http://www.mhoc.org.au/ministries/school-of-religion/>



2025 Sacramental Programs
Reconciliation & First Holy Communion
 Sacramental Program enrolments are open & **close 10 Feb**. The program/s start Wed 12 Feb, 6.30pm in our church. Enrolments are open to children baptised Catholic in Year 4 & above. See the MHOc website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>
Save the date: the *Confirmation* Sacramental Program is for students in Year 6 & above. Enrolments open 25 Jun 2025 & the program will begin on 30 Jul. Details: <http://www.mhoc.org.au/sacraments/confirmation/>



Interested in joining the Music Ministry?
 A BBQ will be held on Sun 23 Feb at 5pm at the presbytery for anyone interested in helping with music ministry. If you have a musical gift... singing, playing an instrument or can help with preparing the PowerPoint slides contact Fr Emil emil.milat@cg.org.au

