

OUR PARISH
Contact the Parish Pastoral Council through the office email.
OUR PARISH MISSION:
"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:
All the Church - we will **WORSHIP** with an open heart.
All the Gospel - we will celebrate the **WORD** with joy.
All the People - we will care for the **WELFARE** of all.
All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE
"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT
MHOc Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**

THIS WEEK IN THE PARISH (15 Feb - 21 Feb)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Sixth Sunday in Ordinary Time Psalter Wk 1, Yr C/1

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS**

10.30am *Funeral Prayer Service for Peter Gallagher*

Tue: 5.30pm **Mass** Wed: 8.30am **CS**

Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,

9.00am Rosary, 9.30am **Mass**

5pm - 6pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the

last Thursday of the month. **Note Next date: 20 Feb.**

Goodwin Village, Mass 9.30am held on the last

Saturday of the month. **Next date 22 Feb.**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: Sat 1 Mar 2025

'The Five First Saturdays' Held on the 1st Saturday

of the month: **Mass 9.30am**, followed by **confessions**

with **benediction 10.30am**, concluding with a **Marian**

Movement of Priests cenacle. See blue flyer.

BAPTISMS: Baptism information please see our

website or contact the parish office.

WEDDINGS: By appointment, at least 6 months

notice is essential. Phone the Office for details.



The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration &

quiet prayer. The chapel is not to be used while

Mass is being celebrated. Please do not


leave cut flowers or candles in the Chapel.


Mary Help of Christians Parish

South Woden, PEARCE ACT

Parish Priest: Father Emil Milat
Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908
Office Manager: Melanie Kerr Office Hours: 9am – 3pm Tuesday - Friday;
Parish email address: wodensouth@cg.org.au WEBSITE address: www.mhoc.org.au
Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au
For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/
Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.




Altar Care Roster
We are looking for a volunteer to join this important ministry to maintain the altar & flower arrangements/plants inside the church. Instructions & a demonstration lesson provided. The current roster cycle is every seven weeks, with flexible working hours available! *Please contact Cathy Donohoe on 0431 181 890 for more information.*



Interested in joining the Music Ministry?
A BBQ will be held on Sun 23 Feb at 5pm at the presbytery for anyone interested in helping with music ministry. If you have a musical gift... singing, playing an instrument or can help with preparing the PowerPoint slides contact Fr Emil emil.milat@cg.org.au



Lenten Season 2025:
Lent begins **Ash Wednesday 5 March.** **Masses 7.30am, 9.30am & 5.30pm.**



2024 Palm Crosses may be returned to the baskets at each entrance to the church.


Stations of the Cross: After 8.30am Mass Thu's.
2nd Rite of Reconciliation - details TBA for Weston Creek, Nth Woden & MHOc.

◆ *Ash Wednesday (5 Mar) & Good Friday (18 Apr)* are days of fast & abstinence (no meat). The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.


◆ In Lent, the "Alleluia" is omitted at Mass.
◆ Catholics are obliged to receive Holy Communion at least once a year, between Ash Wednesday & Trinity Sunday (15 June 2025).

Lenten Discussion Group
Last year a small group met after the Friday morning 9.30am mass in the Hall for a chat & a cuppa. The group will meet again from Friday 6 Mar. *All Welcome.*

Our Parish Welcomes
Filippo Batticciotto and Havanna Bellato through the sacrament of baptism this weekend. May they be richly blessed with God's presence & feel the support of our Parish & their families.





Shepherd's Corner
Thank you to those who responded to the Parish Budget Annual Report last week- some have already contacted the parish office to increase their electronic giving or to renew it. Others expressed their prayer & support even though not able financially to join planned giving at this time.



Our prayers are very important too, I am doing a Novena to St Mary Mackillop. If you missed the report last week the two sheets with summary info. on them, about the gradual fall in parish income & rise in expenses, they are in the foyer. Also the forms to become part of electronic giving which is so helpful to the parish. The collections last week too, were higher than usual- which if it continues will be just what is needed. I will keep you posted with budget reports though the year. If you took forms home and need help filling them out please contact Melanie in the parish office wodensouth@cg.org.au.
God's blessing Fr Emil


Please remember all of our faithful departed:
Recent deceased: Peter John Gallagher, Br Matt McKeon & Stephan Garay.
Anniversaries: Fr Henry Byrne.
We also remember the souls of Elizabeth & Joseph Nadackuthazha. May they all rest in peace.




How your generosity is used in the Parish: Weekend Collections
During mass we have two collections. The **First Collection** occurs after the Homily & goes to supporting the priests of the Archdiocese. The **Second Collection** is at offertory time & supports the running costs of our church. Please place any Mass Intentions, Planned Giving envelopes, Special Appeals etc...in the second collection or at anytime as long as your envelope is labelled. You are still able to use/download the Qkr! App & donate to our church or the clergy or any appeals that are happening. Please contact the Parish Office or download forms from the parish website www.mhoc.org.au to set up Direct Debit or monthly Credit Card deduction for one or both collections - hard copies are also available in the church entry.  **Thank you for your generous support.**

ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 22/23 February 2025
Seventh Sunday in Ordinary Time, Year C/1
Commentators and Lectors
6.00pm M Egan-Richards & B Gaynor
8.30am J Pearson-Lee & M Supple
10am C Mesiku & F Pelosi
Extra-ordinary Ministers of the Eucharist
6.00pm A Smith
8.30am E Tsen
10am S Topp
Acolytes:
6.00pm S La Vita
8.30am P Collins
10.00am G Selleck
Music Ministry:
6pm Volunteer please
8.30am S Fatiaki
10.00am M McKenna
Altar Servers: Trained servers please volunteer at Mass
Church Linen (February): S de Silva
Welcome Ministry:
6.00pm P Verdon
8.30am P Heffernan
10.00am S Topp
Altar Care (Feb 17): Volunteer please

Coming up in the Parish: Saturday 15 & Sunday 16 February
◆ Presentations Masses for Reco & FHC Candidates
Sunday 16 February
◆ Children's Liturgy during the 10am Mass.
Wednesday 19 February
◆ School of Religion 4pm - Hall/Church
◆ Reconciliation Session 1 & 2 - 6.30pm - Church
Thursday 20 February
◆ Friendship Group returns - Bald Archy Exhibition in Watson & Lunch at Southern Cross Jamison.
Sunday 23 February
◆ Children's Liturgy during the 10am Mass.
◆ Music Ministry BBQ 5pm - Hall / Presbytery
Wednesday 26 February
◆ School of Religion 4pm - Hall/Church
◆ Reconciliation Session 3 - 6.30pm - Church
Friday 28 February
◆ Healing **Mass** - Community of the Risen Lord 7pm

 **School of Religion Enrolments are open for Term 1, 2025 (Yrs 1-6) for children attending Non-Catholic Schools.** This year we welcome back our Catechists: *Gabriel Joseph, Chris Rule & Colleen Nash. A big thank you to you all!* Enrolments are open & the first session was held on Wed 12 Feb from 4-5pm in the Hall & Church. Please see our website for more program information & for details on how to enrol via Qkr!
<http://www.mhoc.org.au/ministries/school-of-religion/>

 Our lovely **generous parishioners & Marist College** have lovingly filled our freezer with meals. Please pop by & grab one for someone in need or for yourself!