OUR PARISH

Contact Parish Pastoral Council via email: ppc.mhoc@gmail.com

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will WORSHIP with an open heart.

All the Gospel - we will celebrate the WORD with joy.

All the People - we will care for the WELFARE of all.

All the Time - we will maintain our WORKS with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

THIS WEEK IN THE PARISH

Psalter Week 4. Week 4 Ord Time, Year B/1 220 persons at each Mass/Service. Sacred Heart Church Mass & CS Times:

Sign-in sheets & Check in Cbr App available at each Mass/CS (Communion Service).

Mon 8.30am CS

10am Funeral Mass Tony Pantano Tue 5.30pm Wed 8.30am Thu 8.30am Fri 8.45 Morning Prayer of the Church, 9.00 Rosary, 9.30 Mass, 5.30pm Evening Prayer & Adoration. 5.30pm Evening Prayer & Adoration. Saturday 6.00pm; Sunday 8.30am & 10am -Goodwin Village, on the last Saturday of the month, 9.30am (23 Jan for this month).

- The Pines Living Farrer, on the last Friday of the month 11am.

RECONCILIATION (Confession): 11am-12pm Saturdays. Social distancing applies.

BAPTISMS: Baptism information may be gained through the parish office or on our website. **WEDDINGS:** By appointment, at least 6 months notice is essential. Phone the Office for details. The **BLESSED SACRAMENT CHAPEL** is open daylight hours each day for Adoration and quiet prayer. The chapel is not to be used while Mass is being celebrated.

Please do not leave cut flowers or candles in the Chapel.

Homilies:

Fr Richard has his weekend homilies recorded. they are available to listen to on our website.

Please remember all faithful departed, Recent Deceased: Janet Swan and Antonio (Tony) Pantano.

Anniversaries: Joseph and Elizabeth Nadackuthazha. Peter Tsirekas. Michelle Paige. Rey Cook, Kirk Douglas, Buddy Holly and for the deceased members of the Sydney University Medicine class of 1972. May they rest in peace.



Sf

Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Richard Thompson VF CSM RAN Rtd ChLJ Deacon: Matt Ransom (part time)

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908 Office Manager: Melanie Kerr Office Hours: 9am – 3pm Tuesday - Friday Parish email address: wodensouth@cg.org.au WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Ann Montgomery - wodensouth.sacraments@cg.org.au

Our parish acknowledges and celebrates the original custodians of this sacred land, the Naunnawal people.



Ash Wednesday is 17 February this year. An Archdiocesan programme:

18 February - 25 March 7.30pm to 9.00pm "Walk in the Spirit, Lenten Renewal Ex-

perience Led by Archbishop Prowse via livestreaming every Thursday during Lent, Walk in the Spirit is open to all desiring a new Lenten renewal experience. Talks, prayer, sharing and Encounter Nights. Register and find our more at

https://cgcatholic.org.au/walk-in-the-spirit/

Please see this article for further information as well: https://www.catholicvoice.org.au/walk-in-thespirit-a-new-lenten-renewal-experience/

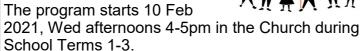
The Brisbane programme: "Look to Jesus" is a 52 daily reflection booklet containing scripture, prayer and reflections. Cost is \$5. Order through the parish office.. Available now. This booklet can be used by individuals or groups.

PARISH MORNING TEAS - please join us for morning tea in the Hall & new alfresco area after the 8.30am and 10am morning mass on Sunday 7 February. Please come along and bring small contribution for a snack.

Children's Liturgy—this wonderful initiative starts up again on Sunday 7 Feb at the 10am Mass, all primary aged school children are welcome to come along. Please see Kat Doyle who is also looking for helpers or contact at reginaf1875@gmail.com. Thank you.

Parish School of Religion -

We would like to welcome any child baptised Catholic who do not attend a catholic school.



To enrol, please complete the online enrolment form located at: http://www.mhoc.org.au/ ministries/school-of-religion/ and for more information please contact our School of Religion Coordinator Michael McAppion, through the Parish Office.

Weekend Masses. Please remember:

- Sunday obligation is still suspended
- Numbers limited to 220 (1 person or family per 1.5m squared rule.
- You are asked to use the "Check in Cbr' App or sign in sheets when attending mass.
- No standing around the interior walls
- Help sanitise the pews after each mass
- Early birds...do not sit on the pew ends
- If you have any symptoms of being un well-please DO NOT come to the Church
- Please continue your financial contribu tion to support our Archdiocesan Clergy and the running of your parish. The par ish running costs have not decreased.

The Parish Council and Finance Council thanks you for your continuing support and understanding.

Our parish welcomes Scarlett Murphy into the Catholic Church through the sacrament of baptism this weekend. May they be richly blessed with God's presence and the support of our Parish and their families.

"The 7 Week Marriage Course via Zoom" 9 - February

This Archdiocesan program enables parish couples to build stronger foundations, learn to communicate more effectively and resolve differences, all from the comfort of your own home via zoom. No group sharing, Learn with others, but discuss topics only with your spouse.

Cost \$70 per couple. For more details and to register visit bit.ly/ContactSteph or contact Steph Ransom steph.ransom@cg.org.au

'Engaged Encounter Retreat" 20-21 February How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. Register at www.cgcatholic.org.au/engaged-encounter or ring 0429 192 869. For further information visit: www.engagedencounter.org.au.

Weekend Collections

The four collection stations in the church receive Planned Giving envelopes and all other offerings incl. TAP machines.

All monies collected, other than Planned Giving envelopes or donations specifically labelled, are banked at 30% for Archdiocesan Clergy support; 70% for our parish support.

Electronic Giving - We continue to offer Tap & Go PayWave machines. Just tap your debit or credit card.

Download the Qkr! App as you can donate to both our collections and archdiocesan missions right now.

Please contact the Parish Office or download forms from the parish website www.mhoc.org.au to set up Direct Debit or monthly Credit Card deductions for both collections - or contact us if you have any questions.



Thank you for your generous support.

The **Marist Music Ministry** leads the worship at Sacred Heart church for the 6pm mass once a month. They are currently seeking females in grades 7 to 12 who might be interested in joining this great team. They are looking to create some variety of voices and instruments. Please contact Deacon Matt Ransom at mattchath91@gmail.com for more information. Thank you.

ROSTERS FOR PARISH MINISTRIES FOR THE WEEKEND OF 6/7 FEBRUARY

Commentators and Lectors 6.00pm J & C Laslett

8.30am M Mugliston & J Pearson-Lee

10.00am F D'Castro & A Rice

Extra-ordinary Ministers of the Eucharist 6.00pm A Caddy

8.30am L Chan

10.00am J Bradley

Acolyte

6.00pm P Verdon 8.30am G Selleck

10.00am M Doherty

Music Ministry

6.00pm Marist Music Ministry 8.30am Volunteer please

10.00am Sr K Costain (RMS)

Altar Servers

Trained servers please volunteer at Mass

Church Linen February: L Harrison

Welcome Ministry:

6.00pm P Verdon

8.30am P & F Nichols 10.00am F Mendes

Altar Care (Feb 1): J Jammu